



Strategies for Aging Well

Questions? Call Us!

239-302-7650

Serving Naples and surrounding communities

Learn more at NaplesAgingWell.com

What is an Aging Life Care™ Manager?



Advocacy



Health



Local Resources



Family



Crisis Support



Legal



Finances



Housing

Imagine your life as a movie. If you are the director, an Aging Life Care Manager is your production manager.

He or she is a deeply knowledgeable guide (usually a nurse, social worker, or allied professional) who finds you high-quality help, arranges care “locations,” and advises you about needed services.

Aging Life Care Managers are part of a national organization with training

requirements, codes of ethics, and a nationwide network of experienced colleagues in case you need to move to a different part of the country.

Specialized knowledge and skills

Aging affects all aspects of life, so an Aging Life Care Manager draws upon many areas of expertise:

- **Advocacy.** Communicating with doctors and navigating the very confusing eldercare network to get you the care you want.
- **Health and disability.** Conducting an assessment and making recommendations so you and your family members can rest assured that a plan is in place if you need extra help.
- **Local resources.** Recommending area service providers. Anyone can Google. But an Aging Life Care Manager intimately knows quality and reputation and can match best services for your budget and priorities.
- **Family.** Helping relatives understand their role and work together to support your wishes.
- **Housing.** Providing independent recommendations for the best fit based on your needs, priorities, and resources. No kickback referral fees that limit your choices.
- **Legal.** Assembling needed paperwork and referring you to reputable attorneys as needed so you are well covered by a professional team.
- **Finances.** Reviewing your options to identify eligibility for programs and ways to stretch your dollar wisely.
- **Crisis support.** Helping you create a safety net you can depend on in emergencies.

As the director of your later years, how do you want your story to unfold? While not all of it is within your control, you do have agency. With planning, there is much you can do ahead of time to prepare for the elderhood you want and create a network to support it.

Would you like a guide for aging well?

Give us a call at 239-302-7650.



Victoria Lichtenberger
MPS, CMC
Certified Care
Manager & Life Coach

Grace Care Partners

239-302-7650

Grace Care Partners supports older adults in Collier County as they plan for their later years.

Give us a call at 239-302-7650 to find out how we can support you.